

SIXTH ANNUAL ARNOLD JUMP ROPE COMPETITION MARCH 2-4, 2018

Greater Columbus Convention Center, Eisenman & Trott Rooms • 400 N High St, Columbus, OH
and Ohio Expo Center, Bricker Bldg • 717 E 17th Ave, Columbus, OH

There are two Jump Rope Championships scheduled during the Arnold Classic Columbus. The Arnold Jump Rope Championship offers a unique opportunity with multiple events for experienced, and novice jumpers. The AMJRF Classic is the final in a series of seven qualifiers held throughout the United States. The FINALS of the AMJRF Classic will be jumped at the Arnold, the top eight competitors overall the AMJRF Classic Qualifiers will compete in a single elimination, bracketed competition with the last jumper declared the AMJRF Classic Series Champion.

Host American Jump Rope Federation; Anita Gable

Sanctioned by World Jump Rope Federation;
Rochelle Boggs, International Arnold Classic Chairman



Event No 1 Arnold Speed & Power Jump Rope Championship
Saturday, March 3: 8:45 am - Welcome & Opening Remarks,
9:00 am - Championship Begins, Awards follow

ELITE DIVISION EVENTS:

- 1x30 Speed
- 1x30 Double Unders
- 1x30 Long Rope Pushups (Team)
- 4x30 Speed Relay
- 3x40 DD Speed
- 1x30 DD Speed

AGE DIVISIONS:

- 13 & under
- 14 - 18
- 19 - 29
- 30+

GENDER DIVISIONS:

- Male/female for individual events
- Mixed for group events

NOVICE DIVISION EVENTS:

- 1x30 Speed
- 1x30 Double Unders
- 1x30 Long Rope Pushups (Ambassadors Turn)

AGE DIVISIONS:

- 13 & under
- 14 - 18
- 19 +

GENDER DIVISIONS:

- Male/female for individual events
- Mixed for group events

AWARDS: Top 3 in each age/gender division for each event.

Event No 2 AMJRF Classic
Saturday, March 3: 1:30 am - 5:00 pm

OPEN DIVISION EVENTS:

- 1x30 Speed
- 2x30 Double Unders
- 3x40 DD Speed
- 1x30 DD Speed

ELITE AGE DIVISIONS:

- 13 & under
- 14 & over

Registration For additional information and registration visit www.worldjumprope.org

Demonstrations & Workshops Daily Friday, March 2 and Sunday, March 3
Columbus Convention Center and the Ohio Expo Center

Spectator Admission Daily Arnold Fitness EXPO Tickets can be purchased IN ADVANCE at www.ticketmaster.com/arnold (3 EXPO Tickets for \$40; single for \$15) or at the door for \$20. 14 yrs. & under FREE if accompanied by an adult. Includes access to the Arnold Fitness EXPO and most events at the Columbus Convention Center as well as access to the Arnold SportsWorld and events at the Ohio Expo Center.

Join us March 1-4 for the Arnold Sports Festival! Visit www.ArnoldSportsFestival.com  